



**Department
of Health**



Money Follows the Person

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Agenda

- Money Follows the Person (MFP)
- Open Doors Transition Center Program
- Nursing Home Outreach and Education
- Open Doors/LCA Referral and Transition Data
- MDS Section Q Compliance Data
- Quality of Life Survey Results
- Q&A



What is MFP?

Federal Demonstration

- Authorized and established by federal statute
- 33+ Participating states
- New York has participated in MFP since the beginning of the demonstration in 2007
- National evaluation of MFP by Mathematica Policy Research through 2016

Rebalancing Initiative

- Rebalance the Long-Term Care system from institution to community
- Earn enhanced federal match on HCBS for each MFP participant
- Current projects include person-centered planning training, access to assistive technology and DME (TRAID)

Open Doors

- Assists participants to transition from Nursing Homes and Intermediate Care Facilities to the community
- Peer support
- Education and outreach to all nursing homes in NY State
- Other transition support
- Local Contact Agency for MDS Section Q referrals

Open Doors Transition Center Activities

Transition Assistance

- Regionally based Transition Specialists meet with the individual, family, guardian in the facility to provide objective information on community services and supports
- Works with Discharge Planners, Service Coordinators, and Care Managers to develop a transition plan that meets the resident's needs
- Provides Community Preparedness Education
- Works to resolve individual barriers to transition, including linkage to Assistive Technology through TRAIID Centers
- Assists with resolving housing barriers, referral to housing subsidy programs and application assistance

Peer Support

- Provides peer support to individuals and families interested in transitioning to community living

Open Doors Transition Center Activities

Education and Outreach

- Provides information about the Local Contact Agency (LCA), Section Q of the Minimum Data Set (MDS), Transition Center activities and referral process

Good Neighbor program

- Provides informal support/companionship
- Good Neighbor volunteer receives monthly stipend

Open Doors Cell Phones

- Increased communication between participant and Transition Specialists
- Increased independence/participation in transition planning

Person Centered Planning Coaching

- Post discharge individualized skill building to support person-centered participation in care planning

Open Doors Education and Outreach

Open Doors Outreach to Nursing Facilities

- Dedicated outreach/education teams are regionally based
- Outreach and education on Section Q and LCA referral to all nursing facilities in the state over a two-year period
- Additional sessions available upon request or as prioritized
- Outreach and education presentations are offered to others such as ombudsmen, MLTC care managers, health homes care managers, PASRR coordinators, providers groups, etc.

Open Doors Education and Outreach

| E&O Presentations | 2018* | 2019 | 2020 | 2021 | 2022 | Total |
|-------------------------|------------|------------|------------|------------|------------|-------------|
| SNF | 416 | 266 | 160 | 288 | 310 | 1441 |
| MLTC | | 1 | 1 | | 1 | 3 |
| Health Homes | | 4 | 5 | 1 | 10 | 20 |
| CCO/ OPWDD Providers | | 1 | 4 | 3 | 2 | 10 |
| Other | 1 | 39 | 29 | 19 | 37 | 125 |
| Total | 417 | 311 | 199 | 311 | 360 | 1599 |

*E&O initiative began

Open Doors Education and Outreach Impact

- Almost 100% of respondents felt the presentation was helpful
- 96% responded that they are more likely to refer to Open Doors following a presentation
- Staff participating in the in the presentations include Social Workers, Directors of Social Work, Discharge Planners, Nursing Home Administrators, MDS Coordinators, and Nurses

Referrals From Nursing Homes: 1/15 – 6/22

| Total Referrals | Total Transitions | | # Still in active transition process | | # Died prior to transition | | # Declined to participate | | # No current plan for transition* | |
|-----------------|-------------------|-----|--------------------------------------|----|----------------------------|----|---------------------------|-----|-----------------------------------|-----|
| | # | % | # | % | # | % | # | % | # | % |
| 12139 | 3545 | 29% | 1015 | 8% | 1037 | 9% | 2307 | 19% | 4235 | 35% |

*Needs cannot be met in the community

Referrals from Nursing Homes – Lessons Learned

- Nursing facilities make successful referrals – 29% is a very high community transition rate
- Outreach and Education presentations result in an increased likelihood of referral to Open Doors
- Barriers to transition can sometimes be resolved.

Time From Assessment to Transition

| # of months | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 |
|--------------|------|------|------|------|------|------|------|
| < 2 mo | 68% | 54% | 34% | 29% | 29% | 28% | 28% |
| 2-6 mo | 28% | 23% | 31% | 31% | 31% | 18% | 28% |
| 6-12 mo | 4% | 16% | 19% | 22% | 18% | 20% | 16% |
| 12-18 mo | 0% | 5% | 8% | 8% | 8% | 14% | 9% |
| 18-24 mo | 0% | 1% | 5% | 5% | 3% | 6% | 3% |
| > 24 mo | 0% | 0% | 2% | 5% | 11% | 14% | 16% |
| TOTAL | 100% | 100% | 100% | 100% | 100% | 100% | 100% |

The MDS and Section Q

- The MDS is administered to all nursing facility residents upon admission, annually, quarterly and whenever there is a significant change in condition
- Section Q of the MDS is designed to explore the resident's interest in returning to a community setting
- LCA contact information must be included in patient's rights notice
- Revisions to Section Q are being made in an upcoming MDS update
- MFP staff are members of CMS' Section Q advisory workgroup

The MDS and Section Q

In May 2016 US Department of Health and Human Services, Office for Civil Rights, issued guidance on Section Q

<http://www.hhs.gov/sites/default/files/mds-guidance-2016.pdf>

- Defines **active** discharge plan
- Explains that nursing home staff should convey to residents that Section Q is intended to “provide the opportunity for the resident to get information and explore the possibility of different settings for receiving ongoing care.”
- Reinforces requirement to refer to the state designated Local Contact Agency (Open Doors) when Question Q0500 is answered “yes”

The MDS and Section Q0100 & Q0300

| Section Q Responses as Percentages of Total Assessments | Jan - Jun 2017 | Jan - Jun 2022 |
|--|----------------|----------------|
| Total Number of Assessments | 704,492 | 585,249 |
| Q0100A - Resident Participated in Assessment: | | |
| Yes | 86% | 87% |
| No | 14% | 13% |
| Not Assessed | 0.55% | 0.63% |
| Q0100B - Family/Significant Other Participated in Assessment: | | |
| Yes | 37% | 42% |
| No | 62% | 56% |
| No Family/Significant Other | 1% | 1% |
| Not Assessed | 1% | 1% |
| Q0300A - Resident's Overall Goal (Only Asked on Admission): | | |
| Expects to be discharge to community | 73% | 73% |
| Expects to remain at facility | 19% | 20% |
| Expects to transfer to another facility | 2% | 2% |
| Uncertain/Not Assessed | 6% | 6% |

The MDS and Section Q0400-Q0600

| Section Q Responses as Percentages of Total Assessments | Jan - Jun 2017 | Jan - Jun 2022 |
|---|-------------------|-------------------|
| Total Number of Assessments | 704,492 | 585,249 |
| Q0400A - Active Discharge Planning for Return to Community: | | |
| Yes | 45% | 40% |
| No | 54% | 59% |
| Not assessed | 0.90% | 1% |
| Q0500B - The Community Question (Do you want to talk to someone about Options for Living and Receiving Services in the Community?) | | |
| Yes | 5% | 4% |
| No | 30% | 39% |
| Uncertain | 2% | 1% |
| Not Assessed | 1% | 1% |
| Skipped based on affirmative response to Q0400 | 62% | 55% |
| Q0600 - Referral Has Been Made to the Local Contact Agency: | | |
| Yes - referral made | 5% | 2% |
| No - referral not needed | 90% | 94% |
| No - referral is or may be needed | 4% | 3% |
| Not assessed | 0.89% | 1% |

MDS Section Q – Deeper Dive

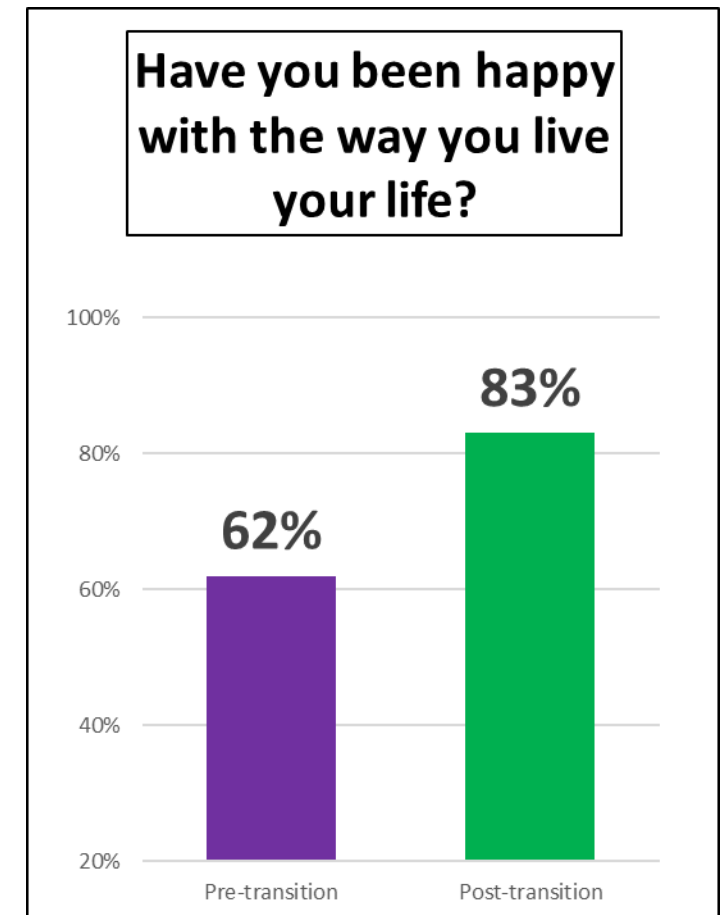
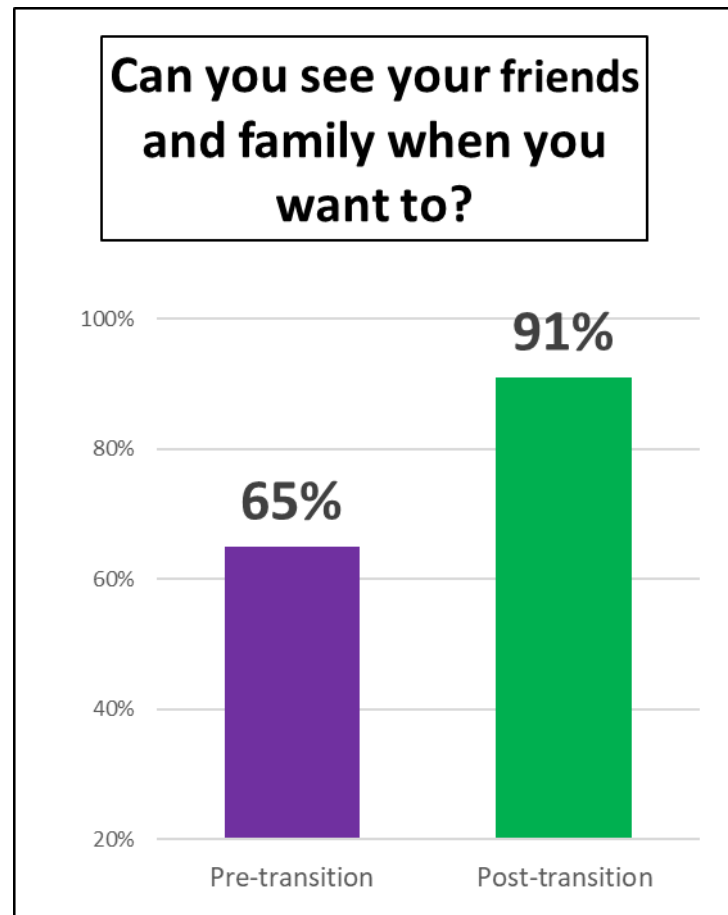
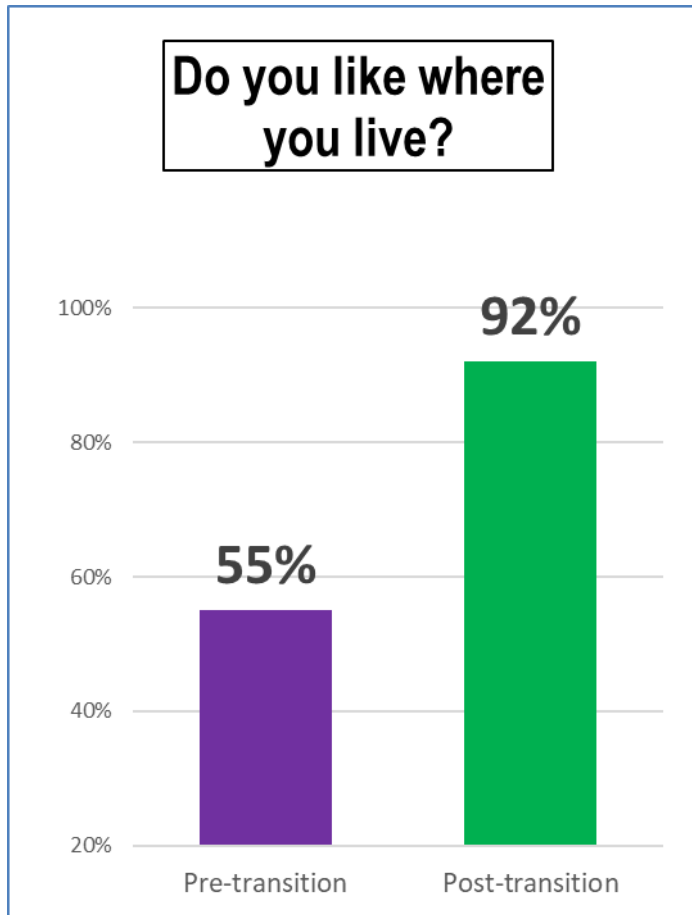
| Q0500B – The Community Question: Of the total number of assessments that recorded a 'Y' to Q0500B, the Community Question, what responses were recorded for 0600? | Jan - Jun 2017 | Jan - Jun 2022 |
|--|---------------------------|---------------------------|
| | | 9,101 |
| Q0600 - Referral Has Been Made to the Local Contact Agency: | | |
| Referral Not Required "0" | 82% | 83% |
| Referral Not Made "1" | 16% | 13% |
| Referral Made "2" | 2% | 4% |
| Not Assessed | 0.11% | 2% |

The MDS and Section Q – Lessons Learned

There is continued confusion regarding correct administration of the Section Q

- The response to Q0400 can only be yes if there is an ACTIVE discharge plan
- If the response to Q0500 is yes, a referral must be made and the response to Q0600 must be yes

Improvements in Quality of Life



*Excerpts from New York State 2020 Quality-of-Life Survey results

Referral to the LCA for Section Q

Open Doors is the LCA*

- Open Doors provides information and transition assistance to individuals who wish to transition from long-term care facilities to community settings

MDS Section Q

- If an individual responds “yes” to Question 0500 providers **MUST** refer them to Open Doors unless there is an **ACTIVE**** discharge plan

Referrals:

- Call NYAIL/Open Doors at: 1-844-545-7108
- Access referral form at: <https://ilny.us/programs/open-doors>
- Fax: 518-465-4625
- Email: secq@ilny.org

**<https://www.hhs.gov/sites/default/files/mds-guidance-2016.pdf>

Video Resources

- For information about MFP and Open Doors, view this 2017 webcast:
[The Money Follows the Person Program: Facilitating Return to Community-based Settings.](#)
- For more information about the Minimum Data Set, Section Q and Open Doors as the Local Contact Agency, view this 2019 webcast:
[Discussing Return to Community Living: Best Practices for MDS Section Q.](#)
- View a video about Open Doors [here](#).
- For more information about Person-Centered Planning and MFP's Person-Centered Planning Statewide Training Initiative:
[Training Information and Registration](#)
[Person-Centered Planning and Practice Resource Library](#)
[Person-Centered Healthcare in Planning and Practice](#) (2020 webcast)

Resources

- Open Doors: <https://ilny.us/programs/open-doors>
- DOH MFP webpage:
https://www.health.ny.gov/health_care/medicaid/redesign/nys_money_folows_person_demonstration.htm
- HHS Guidance on MDS Section Q:
<http://www.hhs.gov/sites/default/files/mds-guidance-2016.pdf>
- NYS DOH Dear Administrator Letters about LCA:
 - [NH DAL 16-10: MDS Version 3.0, Section Q](#)
 - [DAL NH 18-05: Nursing Home Discharge Requirements](#)



Department of Health

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